

RLSC Sailing Instructions for Club Racing, and open events where applicable

Sailing Instructions (2026 -2028) ver 6

1 RULES

1.1 The racing will be governed by the Racing Rules of Sailing (RRS) 2021-2024, prescriptions of the RYA, relevant Class Rules and the Programme except as changed by these Sailing Instructions

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice boards located outside of the Race Management Area.(RMA) The club whiteboard is an official notice board.

3 CHANGES TO SAILING INSTRUCTIONS

3.1 Any changes to the Sailing Instructions will be posted 20 minutes before the race they will affect. Flag L need not be flown.

4 SIGNALS MADE ASHORE and on Committee boat.

4.1 These will be displayed on the Race Flagpole.

4.2 Postponement Signals

The warning signal will be made at least 1 minute after the lowering of flag "AP". A sound signal need not be made on lowering the AP. (this alters RRS)

5 SCHEDULE OF RACES

5.1 Club Events/ Club series

The schedule of races/discards and entry fees if any and the order and start times will be published on the R.L.S.C. Website at least 48hrs before the event starts.

5.2 Special events such as the Goodacre. Race schedule may be altered on a daily basis depending on conditions. As much notice will be given as possible.

6 CLASS SIGNALS AND FLAGS

6.1 Club Events

The handicap club flag is Flag R.

7 RACING AREA

This will be Roadford Lake.

8 THE COURSE

8.1 Shore Based Starts

The course configuration and the order of rounding marks will be indicated on a course board displayed at the RMA 20 minutes before the warning signal to start. Visible course boards will also display the course. The course board will indicate whether boats

must pass between the ODM & IDM , on starting/finishing & each round.

8.2 Committee Boat Starts

The course configuration, order of rounding marks and side which each is to be left will be displayed on the Committee Boat before, or if displayed at the RMA, 30 minutes before the warning signal and will be generally in accordance with RRS Appendix L Addendum A.

8.3 Number of Rounds

The number of rounds to be sailed will be displayed on a course board at the RMA or the Committee Boat.

8.4 Gates

When there is a gate, and the line between the IDM and ODM counts as a gate, boats shall sail between the gate marks from the direction of the previous mark and pass inside both gate marks.

Change of course for back to back races or before a start:

A course change may be made at any time before a start by flying AP and sounding 2 sound signals. The new course will be displayed on the course boards with the number of rounds. *The AP must be flown for a minimum of 5 minutes*. The new warning signal shall be made at least 1 minute after lowering the AP.

9 MARKS

9.1 Course marks (including start/finish marks) maybe yellow, red, orange or white buoys. A diagram is attached showing the names and positions of marks.

10 AREAS THAT ARE OBSTRUCTIONS

These are shown on the lake diagram.

11 THE START

11.1 The start will be governed by flag signals.

11.1.1 Flag Signals

Races will be started using RRS 26. For club racing an alternative system may be used as defined in the R.L.S.C. Programme.

11.2 Starting Lines

11.2.1 Shore Based

The starting line will be between the mast at the Race Hut and the Nominated ODM.

11.2.2 Committee Boat

The starting line will be between a mast bearing an orange flag and an outer starting mark which may be a mark of the course.

11.4 Starting Time Limit

A boat starting later than six minutes after her starting signal will be scored "Did Not Start". This alters RRS Appendix 4.1

11.5 Ranking as a Starter

The minimum number of boats in a race shall be two.

11.6 Individual Recalls

Flag Signals

As defined in RRS 29.1

11.7 General Recalls

Flag Signals

As defined in RRS 29.2

13 THE FINISH

13.1 Shore Based

The finishing line will be as defined on the course board.

13.2 Committee Boat/Offshore

The finishing line will be between the mast displaying a blue flag on a Race Committee boat and either the start mark/gate or nearby mark.

3. Shorten Course: Rule 32.1 & 32.2 will apply.

4. Boats shall finish in the direction from the previous mark whether the course is shortened or not to avoid 'Hook' finishes.

14 PENALTY SYSTEM

14.1 Accepting Penalties

A boat that has taken a penalty or retired under RRS 31.2 or 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit.

Course infringements: Boats that commit minor course infringements such as passing the incorrect side of ODM/IDM may be given a 20% time penalty at the discretion of the OOD.

14.2 Race Committee

As provided in RRS 67, the Race Committee may, without a hearing, penalise a boat that has broken RRS 42.

15 TIME LIMITS

15.1 Leading Boat

The time limit for the leading boat finishing in each race will be 75 minutes.

15.2 Other Boats

The finishing time limit for subsequent boats in each race will be 100 minutes.. Boats failing to meet the time limit will be scored "Did Not Finish". This alters RRS 35 and Appendices A4.1 and A4.2

15.3 Average Lap Times

The race Committee may apply "average lap times" and to finish boats that are significantly behind the fleet on any lap. This alters RRS Appendix A3

16 PROTESTS AND REQUESTS FOR REDRESS

16.1 Advisory Hearings and Arbitration – are available as in RYA Rules Disputes Procedures – see ref. in 14.1 and posted on official notice board.

16.2 Submission

Protest forms are available in Race Office and shall to be delivered there completed within one hour after the time of the last boat to finish the last race. This alters RRS 61.3 and 62.2

16.3 Order and Timing

Protests will be heard in approximately the order of receipt as soon as possible in a suitable location.

16.4 Appeals

On the last day of a series, a party to the hearing who asks for a re-opening shall do so no later than 30 minutes after being informed of the decision. This alters RRS 66

17 SCORING

17.1 Scoring will be in accordance with the Low Points system specified in RRS Appendix 4 .Appendix 5.1 & 5.2 will also apply. Note, boats retiring will score the number of boats entering the race +1. This will also include boats who make the start area but do not start.

17.2 A helm sailing a different boat or changing to a sail with a different class handicap shall be counted as a new Centre 3rd party insurance requirements before launching entry.

17.3 The number of races to count for a valid series and qualifying helms (normally 50% +1 or rounded up) is published in R.L.S.C Programme.

17.4 Short Series

The number of races to count in each event is specified in the current R.L.S.C Programme (normally 5 or more races sailed – 2 discards, 3 or 4 races sailed – 1 discard, 1 or 2 races sailed no discard), or in the Notice of Race for a particular event.

18 SAFETY REGULATIONS

18.1 Retirement

A boat that retires shall inform the Race Committee as soon as possible.

18.2 Declarations are not needed.

18.3 Personal Buoyancy

Adequate personal buoyancy for all crewmembers shall be worn at all times. Neither wet suits nor dry suits constitute adequate personal buoyancy.

20 EQUIPMENT AND MEASUREMENT CHECKS

20.1 Requirements

Where possible, boats should have a current measurement certificate. Boats sailing with non class sails should make sure they meet class measurement requirements.

20.2 Sail Numbers

A boat sailing with a different numbered sail must inform the OOD on the day.

24 to 26 - NOT USED

28 PRIZES

Prizes will be awarded as defined in the Notice of Race or the R.L.S.C. Programme

29 DISCLAIMER OF LIABILITY

R.L.S.C. will accept no liability for loss, material damage, injury or death sustained prior to, during, or after racing. The safety of a boat and her entire management shall be the sole responsibility of the owner/person in charge who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the race.

INSURANCE

All boats sailing/racing at Roadford Lake must comply with the Centre 3rd party insurance requirements before launching



